

2017



TRAINING GUIDE



COPPOLO&COYDE
The Health & Safety Specialists

copcoy.com



WELCOME TO OUR TRAINING GUIDE



Jonathan Coyde

BSc.(Hons) Dip2.OSH MCIEH CFIOSH

Jonathan worked as an Environmental Health Officer for the States of Guernsey before being employed as a Health and Safety Consultant and Trainer in the Channel Islands for the past 15 years. He is a Chartered Fellow of IOSH, a Chartered Environmental Health Practitioner, a NEBOSH National Examiner and a member of The Institute of Fire Safety Managers.



Suzie Parker

BSc (Hons) Dip.Grad IOSH

Suzie joined Coppolo & Coyde following a career in the healthcare sector. She holds a degree in Natural Resource Management with Environmental Policy. Suzie provides health and safety support services to clients in a broad range of industries throughout the Channel Islands and holds the position of Training Manager and Consultant.

Firstly welcome to our 2017 training guide. Coppolo & Coyde have been providing training services in the Channel Islands since 2009 and we continue to maintain a reputation for training excellence.

Suzie Parker continues in her role as Training Manager and Consultant and we continue our relationship with CiTD which allows you access to an excellent array of soft skills training in the Channel Islands.

If you should require a safety training course not listed in this guide then we continue to have access to an extensive network of training partners so please contact Suzie or I to discuss. We also can provide bespoke training courses in 2017 and all you need to do is advise of us of your specific requirements and we do our best to accommodate your needs.

If you wish to attend any of the listed courses then please complete the online booking form at **www.copcoy.com**

All course prices are provided on application and course dates are detailed on the front page of our website.

If you require any further information on any of the courses then please contact Jonathan Coyde or Suzie Parker by phone on 01481 247248 / 01534 870455 or email training@copcoy.com

Suzie and I look forward to being of service to you.

For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

Book courses online at

www.copcoy.com

Channel Islands Training & Development (C.I.T.D)

Channel Islands Training & Development (C.I.T.D) has been providing quality training solutions for over 16 years and only employ top international trainers who are specialists in their chosen fields to run management, marketing and personal development open courses and bespoke in house training.

We deliver programmes in Guernsey, Jersey, the UK and internationally within countries such as Qatar, UAE, Geneva, Luxembourg and France. We are delighted to be working in partnership with Coppolo & Coyde.

All our open programmes can be run at your company in-house and be tailored to your requirements. Please let us know if the course you are looking for is not mentioned opposite and we will do our very best to quickly find a solution for you or alternatively please use the "Course Search" facility on our website www.citd.co.uk to help you find what you are looking for from a very wide selection of different programmes. We don't just offer soft skills training but also cover subjects such as Book Keeping, Procurement, ITIL, ISEB, IT courses and many more.

Please visit www.citd.co.uk or ring 01481 711446 and ask for Stephanie. Quote "CopCoy" for a special discount on our open programmes. We also offer a flight subsidy to Guernsey delegates attending Jersey open courses.



Stephanie Bass



March 21 Facilitation Skills

March 24 Finance for Non Financial Managers

March 28 Building Resilience to Pressure in the Workplace

March 28 Chairing Meetings

March 29 Accuracy Programme

March 29 - 31 ITIL Foundation

April 04 Exceptional Customer Service and Telephone Skills

April 05 Time Management

April 06 Handling Difficult Conversations and Managing Conflict

April 07 Producing Professional Written Communication

April 25 Emotional Intelligence

April 25 Rapid and Effective Memory Skills

April 26 Appraisal Skills for Appraisees

April 26 Networking Seminar

April 26 - 27 Train the Trainer

April 28 Mindfulness

May 15 - 19 PRINCE2 Foundation and Practitioner

May 22 - 24 PRINCE2 AGILE

May 24 - 25 Leadership Masterclass Programme - The Leader's Voice

May 26 Advanced Sales and Customer Relationship Building

June 07 Coaching Skills

June 08 Recruitment and Selection Skills

June 13 Developing Your Potential/Personal Effectiveness

June 14 Assertiveness and Advanced Communications Skills

June 16 Problem Solving and Decision Making

June 20 Supervisory Skills Day

June 23 Producing Professional Minutes Workshop

June 23 Workshop for Personal Assistants and Senior Administrators

June 28 Making Effective Presentations

July 04 Advanced Supervisory Skills

COURSEPORTFOLIO

Health & Safety Training

- Advanced DSE Assessor
- Asbestos Awareness
- Asbestos - Management of Asbestos in Workplace Buildings and Structures
- COSHH Principles (CIEH)
- Directing Safely (IOSH)
- Display Screen Equipment – Workstation Assessor
- Health & Safety in the Workplace (CIEH Level 3)
- Managing Safely (IOSH)
- Managing Safely Refresher (IOSH)
- Managing Health and Safety in Construction
- Manual Handling (Principles) (CIEH)
- Manual Handling Train the Trainer (City & Guilds)
- NEBOSH National General Certificate
- Risk Assessment (Principles & Practice)
- Scaffold Inspection (Basic)
- Site Management Safety Training Scheme (CITB)
- Site Supervisor Safety Training Scheme (CITB)
- Working Safely (IOSH)
- Working Safely in Construction (IOSH)

Food Safety Training

- Level 1 Award in Food Safety (CIEH)
- Level 2 Award in Food Safety (CIEH)
- Level 3 Award in Food Safety (CIEH)
- Level 4 Award in Food Safety (CIEH)

For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

Book courses online at

www.copcoy.com

duration 1 day

Advanced DSE Assessor

The course is designed for Display Screen Equipment assessors who require further training and the chance to update his or her skills. The course tutor has a MSc. in Ergonomics and is highly experienced in his field.

DESIGNED FOR

DSE risk assessors,
Health & Safety
Advisors and
Occupation Health
Advisors

Course Info

Please email
training@copcoy.com
for course dates/fees

Course Assessment

The course is run by a highly experienced tutor who specialises in this type of training. Successful participants will be awarded a certificate of training.

For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

KEY TOPICS

Evaluate your organisations DSE risk assessment tools

Update DSE assessments for home workers, mobile workers and expectant mothers

Update your knowledge in relation to DSE work, posture and musculoskeletal disorders

Understand what happens to the user when he or she sits and be able to competently discuss this with the user

Use ergonomic methodology (Rapid Upper Limb Assessment - RULA Tool), body maps and ergonomic principles

Select seating in a seating exercise

Select products by understanding anthropometrics (body dimensions), ergonomic principles and the DSE user's body requirements

Undertake risk assessments for disabled and older workers and instigate audits to ensure their well being

Course Verifier

**enricoSmog
practitioners**

Book courses online at

www.copcoy.com

duration 1/2 day

Asbestos Awareness

Guernsey and Jersey Law require that all persons who are at risk of being exposed to asbestos during the course of their work should be given training in order to safeguard their health. Managers and supervisors of employees who are liable to be exposed to asbestos should also be trained.

DESIGNED FOR

The course is designed for anyone whose normal work may expose them to asbestos. It is not designed to give persons a level of competency working with non-licensable asbestos materials.

Course Info

Please email
training@copcoy.com
for course dates/fees

Course Assessment

There is a multiple choice assessment at course end.

For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

KEY TOPICS

Properties of asbestos and its effects on health, including the further increased risk of lung cancer for those who smoke

Asbestos types, uses and likely locations of asbestos and asbestos containing materials (ACMs) in buildings and plant

How to avoid risks from asbestos, including the importance of checking that an appropriate asbestos survey for the specific workplace has been carried out and any ACMs identified and properly managed

General procedures to be followed to deal with an emergency, e.g. inadvertent damage to an ACM

Course Verifier



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duration 2 days

Asbestos - Management of Asbestos in Workplace Buildings and Structures

The Management of Exposure to Asbestos in Workplace Buildings and Structures Approved Code of Practice (ACoP 8) originally came into force in Jersey 1st January 2005. It has since been revised twice with the latest revision coming into force 1st October 2015. The Guernsey ACoP of the same name came into force May 2010 with the latest revision, the Control of Asbestos, coming into force 1st May 2016.

This course is designed to improve your understanding of the responsibilities under the ACoP's and to assist you in assessing and prioritising any asbestos containing materials within your workplace in order to manage and update the asbestos management plan and register.

DESIGNED FOR

Building owners, managers and any other person with the responsibility of managing asbestos containing materials.

Course Info

Please email training@copcoy.com for course dates/fees

Course Assessment

There is a multiple choice assessment at the course end.

KEY TOPICS

Relevant Legislation
Management of asbestos in buildings
Asbestos remediation
Role of laboratory / analysts
Practical work

Course Verifier



For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

Book courses online at

www.copcoy.com

duration 1/2 day

COSHH Principles

The UK's Control of Substances Hazardous to Health Regulations 2002 (COSHH) require that every employer is to identify the substances in use at the workplace and to 'assess' whether they present a risk.

DESIGNED FOR

Personnel with either direct responsibility or an assisting role in COSHH arrangements for the first time.

Equally, supervisors and line managers with operational responsibility for the safe use of hazardous substances in their area. **The course is not intended to train persons on how to carry out COSHH assessments for high risk substances.**

KEY TOPICS

The requirements of the COSHH Regulations

Basic terminology used in COSHH (including the latest Workplace Exposure Limits (WELs) changes)

Sources of information and their effective interpretation

Straightforward risk assessment techniques for hazardous substances

The types of control systems

Personal Protective Equipment

Monitoring and occupational health requirements

Course Info

Please email training@copcoy.com for course dates/fees

Course Assessment

There is a multiple choice assessment at course end.

For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

Course Verifier



Chartered Institute of Environmental Health

Book courses online at

www.copcoy.com

duration **1 day**

Directing Safely

The IOSH Directing Safely course aims to provide directors/senior executives with an understanding of the moral, legal and business case for proactive health and safety management ensuring they are fully aware of their health and safety responsibilities and give guidance on effective risk management.

Following the successful completion of this course directors will be able to review their own policies and strategies, and, where necessary, introduce changes to make their organisation operate more safely.

DESIGNED FOR

Directors,
Senior Executives,
in all types of
organisations in
all sectors.

Course Info

Please email
training@copcoy.com
for course dates/fees

Course Assessment

There is a multiple
choice assessment at
course end.

KEY TOPICS

Module 1 - Why direct safely

Module 2 - Plan health & safety

Module 3 - Do health & safety

Module 4 - Check health & safety

Module 5 - Act health & safety

Course Verifier



Institute of Occupational Safety and Health

For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

Book courses online at

www.copcoy.com

duration 1 day

Display Screen Equipment - Workstation Assessor

The UK's Health and Safety Display Screen Equipment Regulations 1992 and the Jersey Display Screen Equipment at Work ACoP were introduced with the aim of preventing ill health to employees who habitually use DSE equipment as part of their normal work.

The course is designed to give delegates the necessary skills and knowledge to be able to assess and evaluate users of computer workstations. Duties that exist under Guernsey and Jersey Law are also covered.

DESIGNED FOR

Persons who are responsible for assessing or managing computer workstations and the user.

Course Info

Please email training@copcoy.com for course dates/fees

Course Assessment

There is a written assessment at course end.

KEY TOPICS

Health & Safety (DSE) Regulations

Duties of Employers and employees

Identification of risk factors

Use of a DSE proforma

Identification of practical solutions to eliminate or minimise risk

Managing employee ill health

Course Verifier



For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

Book courses online at

www.copcoy.com

duration **3 days**

Level 3 Award in Health and Safety in the Workplace

Examines health and safety from a supervisory (level 3) perspective.

Supervisors have both a legal and moral responsibility to look after the health and safety of employees. This qualification will enable supervisors to improve the health and safety culture of their organisation, whatever its size or activity.

DESIGNED FOR

Supervisors and team leaders who have health and safety responsibilities.

Course Info

Please email training@copcoy.com for course dates/fees

Course Assessment

There is a multiple choice assessment at course end.

KEY TOPICS

Concept of health and safety

Accidents in the workplace

Ill health in the workplace

Legal provisions

Health and safety organisation and management

Supervising health and safety

Course Verifier



Chartered Institute of Environmental Health

For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

Book courses online at

www.copcoy.com

duration **4 days**

Managing Safely

Everybody should have an understanding of their responsibilities when it comes to Health & Safety. Managing Safely is a flexible course for Managers and Supervisors in any sector and any organisation. It will bring you up to speed on practical actions you need to take to handle Health & Safety at work.

DESIGNED FOR

Managers and supervisors who have responsibility for any employees. The course will cover the application of recognised management principles in health & safety and will equip delegates to tackle the issues in their workplace.

Course Info

Please email
training@copcoy.com
for course dates/fees

Course Assessment

There is a multiple choice assessment at course end and a workplace based written risk assessment.

KEY TOPICS

The law of health & safety at work
The costs of accidents
Risk Assessment
Safety Management Model and risk management
Common hazards and risk control
Accident causation and investigation
Behavioral factors
Environmental module

Course Verifier



Institute of Occupational Safety and Health

For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

Book courses online at

www.copcoy.com

duration 1 day

Managing Safely Refresher

The Managing Safely refresher is designed to provide ongoing support in dealing with health and safety issues in the workplace. Specifically the course aims to revise key management responsibilities from the managing safely course and to update managers upon relevant Health & Safety legislature and guidance changes

DESIGNED FOR

Persons who have completed a IOSH Managing Safely course within the last three years.

The candidates latest certificate number will be required as evidence

KEY TOPICS

Thinking back

Refreshing your knowledge

Building on what you know

Putting Managing safely into practice

Applying the Management System

Course Info

Please email
training@copcoy.com
for course dates/fees

Course Assessment

There is a multiple choice assessment at class end

Course Verifier



Institute of Occupational Safety and Health

IOSH recommend this course is refreshed every 3 years.

For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

Book courses online at

www.copcoy.com

duration 1 day

Managing Health and Safety in Construction Workshop

The course aims to aid delegates to fully understand the importance of the Health and Safety (Management in construction) (Jersey) Regulations 2016 to ensure that individuals working in construction work safer and comply with legislation, without imposing undue burdens on businesses. On completion of this course, successful delegates will understand their personal responsibilities for implementing the new law, and furthermore they will understand the importance of the pre Construction Information Pack and the structural elements within the Construction Phase Plan and Health and Safety file.

DESIGNED FOR

For those engaged in construction projects, as client, designer, safety project coordinator, principal contractor, contractor and construction worker

Course Info

Please email training@copcoy.com for course dates/fees

Course Assessment

A certificate of training will be awarded to successful individuals who complete the course and pass the written course assessment.

KEY TOPICS

Health & Safety at Work (Jersey) Law, 1989

Roles of client, designer, safety project coordinator, principal contractor, contractors and construction worker.

Hazard recognition at the design stage

Construction techniques and site conditions

Construction activities

Risk Assessment and Method Statements

Pre-Construction Information

Construction Phase Plan Elements

Construction Phase Health and Safety File Elements

Case studies

Course Verifier



For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

Book courses online at

www.copcoy.com

duration 1/2 day

Manual Handling (Principles)

The Course covers the basic principles of manual handling, including risk assessment. Candidates are given the knowledge to identify bad practice so that they can avoid it at work.

DESIGNED FOR

The course is aimed at any employee who carries out manual handling activities.

Course Info

Please email training@copcoy.com for course dates/fees

Course Assessment

There is a multiple choice assessment at course end.

KEY TOPICS

Manual Handling Regulations

Spinal anatomy and related injuries

Risk Assessment in relation to manual handling

Good Lifting techniques

Planning of manual handling

Practical

Course Verifier



Chartered Institute of Environmental Health

Please Note: It is the employers responsibility to ensure persons who attend training are free from any condition which would affect their ability to use correct lifting techniques.

For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

Book courses online at

www.copcoy.com

duration **2 days**

Manual Handling Train the Trainer

This 2 day City & Guilds qualification is a practical and interactive course which will provide the technical knowledge, training skills and course material to design, develop and deliver effective manual handling training.

DESIGNED FOR

Managers and supervisors intending to conduct in-house training. Consultants and trainers providing services to a range of clients. Existing providers of manual handling training who want refresher certification. The course is suitable for participants from a wide range of backgrounds. Health and safety management experience as well as training qualifications are useful but are not a pre-requisite as participants will be trained in both the technical and the training related issues.

Course Info

Please email
training@copcoy.com
for course dates/fees

Course Assessment

There is a written assessment and practical teaching task to complete.

For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

KEY TOPICS

Develop candidate skills to run training sessions on manual handling with the confidence to answer commonly occurring questions

Understand how to motivate trainees and ensure the effectiveness of the training – a major hurdle which many courses fail to address adequately.

Develop a working knowledge of the anatomy of the spine and appreciate the impact on the spine of both good and bad handling technique

Understand the principles of safe handling and be able to explain safe handling to others in a logical and memorable manner

Understand the Manual Handling Operations Regulations 1992 and be able to perform manual handling risk assessments

Course Verifier

**City &
Guilds**

Book courses online at

www.copcoy.com

duration 12 days

NEBOSH National General Certificate

The NEBOSH National General Certificate (NGC) in Occupational Safety and Health is a nationally recognised qualification covering the main legal requirements for health and Safety in the UK, a range of workplace hazards and methods of control.

DESIGNED FOR

Non-specialists in health & safety who require sound initial training leading to a basic recognised qualification through examination and assessment. These would include managers, supervisors and safety representatives.

Course Info

Please email training@copcoy.com for course dates/fees

Course Assessment

There is a requirement for the candidate to carry out an unaided workplace inspection and 2 x 2 hour written exams.

KEY TOPICS

NGC1 – Management of Health & Safety

Foundations of Health & Safety, Policy, Organising for health & safety, promoting a positive culture, risk assessment, principles of control, monitoring, review and audit, accident investigations

GC2 – Controlling Workplace Hazards

Movement of People and vehicles, manual and mechanical handling, work equipment, electrical safety, fire safety, chemical and biological hazards, physical and psychological hazards, construction activities

GC 3 – Practical Assessment

To satisfy the requirements for the award, delegates must pass the two written papers for NGC1 and 2 plus the practical assessment GC 3. The practical assessment will be carried at the employees workplace.

Successful completion of the NEBOSH NGC will enable candidates with suitable experience to apply for Tech IOSH.

Course Verifier



For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

Book courses online at

www.copcoy.com

duration 1 day*

Risk Assessment (Principles and Practice)

A suitable and sufficient risk assessment helps an employer determine what measures should be taken in order to comply with legislative requirements.

DESIGNED FOR

All who are required to conduct risk assessments in the workplace.

Course Info

Please email training@copcoy.com for course dates/fees

Course Assessment

Candidates will be required to complete a risk assessment assignment which requires some research and the preparation of a written report.

KEY TOPICS

The key legal requirements

The purposes for and benefits

The five steps approach

Carrying out, recording, reviewing and monitoring assessments

Limitation of candidates and where to seek further guidance

Course Verifier



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For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

Book courses online at

www.copcoy.com

duration 1 day

Scaffold Inspection (Basic)

Scaffold inspection training is required for anyone who inspects scaffolding. This course is designed for Supervisors, Engineers, Foremen and Managers who may be responsible for inspecting a scaffold for safe use.

DESIGNED FOR

This course is intended for any person who has responsibility for inspecting scaffolds and requires to increase their knowledge. A more advanced course is available for persons who are required to inspect complex designed scaffolds.

Course Info

Please email
training@copcoy.com
for course dates/fees

Course Assessment

The course is run by a highly experienced tutor who specialises in this type of training. Successful participants will be awarded a certificate of training.

For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

KEY TOPICS

Introduction and course aims
Different types of scaffolding
Tubular framework
Fittings - identification and use
Scaffolding terminology
Bases and foundations
Bracing for stability
Tying basic access scaffolds
Reasons why scaffolds collapse
Safe use of scaffolds - including S.W.L.
The legal requirements explained

Course Verifier



Book courses online at

www.copcoy.com

duration **5 days**

Site Management Safety Training Scheme (SMSTS)

The SMSTS Course is a nationally recognised qualification that ensures candidates understand their key responsibilities and accountability for site safety, health, welfare and the environment. A two day course refresher is available for those candidates who have sat the SMSTS certificate in the past five years.

DESIGNED FOR

The course is intended for site managers and trainee site managers working in the construction industry who require a nationally recognised site safety qualification.

Course Info

Please email training@copcoy.com for course dates/fees

Course Assessment

Continuous assessment via individual and group exercises, plus a multiple choice test.

For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

KEY TOPICS

The Health & Safety at Work Act

Construction Design and Management Regulations

Risk Assessment/Method Statements

Recent changes in accepted work practises

Behavioural Safety

Management of Occupational Health

Electricity

Excavations

Working at Height

Scaffolding

Demolition

Confined Spaces

Course Verifier

Construction Industry Training Board

Refresher training is available and the CITB recommend a refresher within 5 years

Book courses online at

www.copcoy.com

duration **2 days**

Site Supervisor Safety Training Scheme (SSSTS)

The SSSTS Course is a nationally recognised qualification that ensures site supervisors have the correct level of knowledge and understanding of their legal responsibilities for health, safety & welfare on site. A one day refresher course is available for those who currently hold the SSSTS certificate.

DESIGNED FOR

The course is intended for those who have or are about to have construction site supervisor responsibilities.

Course Info

Please email
training@copcoy.com
for course dates/fees

Course Assessment

Continuous assessment via individual and group exercises, plus a multiple choice test.

KEY TOPICS

The Health & Safety at Work Act

Specific site issues that challenge supervisors on a daily basis

Effective toolbox talks

Supervision of occupational health

Behavioural Safety

Course Verifier

Construction Industry
Training Board

For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

Book courses online at

www.copcoy.com

duration 1 day

Working Safely

Everyone at work should have an understanding of why they need to work safely. The course is ideal for introducing staff to why health and safety is important, Working safely shows how everyone can make a difference to their own wellbeing and that of others through everyday behaviours.

DESIGNED FOR

Employees at any level, in any sector, that need a grounding in health and safety.

Course Info

Please email training@copcoy.com for course dates/fees

Course Assessment

There is a multiple choice assessment and risk assessment project at course end.

KEY TOPICS

Carrying out work activities without risk to themselves or others and understand the consequences if they fail to work safely

Identify hazards, risks and risk controls and understand the importance of risk assessment, with examples of everyday use of risk assessments

Understand how to take appropriate workplace precautions and their importance in the working environment

Appreciate the importance of health & safety management systems

Identify lines of communication in their place of work

Identify safety signs

Understand emergency procedures and procedures for accidents

Recognise how industry affects the environment and how individuals can minimise pollution and waste

Course Verifier



Institute of Occupational Safety and Health

For further details call
Gsy 01481 247248
Jsy 01534 870455 or
email training@copcoy.com

Book courses online at

www.copcoy.com

duration 1 day

Working Safely in Construction

Working Safely gives staff the information they need to keep themselves safe on a construction site.

DESIGNED FOR

Suitable for all construction workers, supervisors and visitors who may be exposed to risk.

Course Info

Please email training@copcoy.com for course dates/fees

Course Assessment

There is a multiple choice assessment and risk assessment project at course end.

KEY TOPICS

Dangerous behaviour on site

Accident causes and high-risk operations

Health & safety law and enforcement

Welfare

First aid provisions, fire risk assessment and method statements

Working at heights

Excavations and confined spaces

Moving, lifting and handling loads

Work equipment and mobile plant

Hazardous substances

Noise and vibration

Personal protection equipment

Electricity

Movement of people

Course Verifier



Institute of Occupational Safety and Health

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